



Information Sheet - Torridon Long Weekend

A three day trip with two full days in the spectacular Torridon Mountains taking in some of the most spectacular and long descents in Scotland on amazing trails.



Distance: 35km each day with around 1200m climbing on days 2 and 3

Description of the trip

3 days of riding in Torridon and the North West - picking the best of these amazing routes with classic descents every day, this is a short trip but will leave you grinning from ear to ear come Sunday evening.

This trip is Guide only - you have the freedom to pick your own travel, accommodation, and food (please ask for guidance) although a limited amount of transport can be provided during the trip.

Suitable for confident red and black riders with a good level of hill fitness and either a very sturdy hard-tail or a good trail full-suss bike. There will be hike-a-bike! - this trip is weather dependent, and routes will be chosen to suit both the needs of the riders and the prevailing conditions.

Day 1 - Friday Travel day –

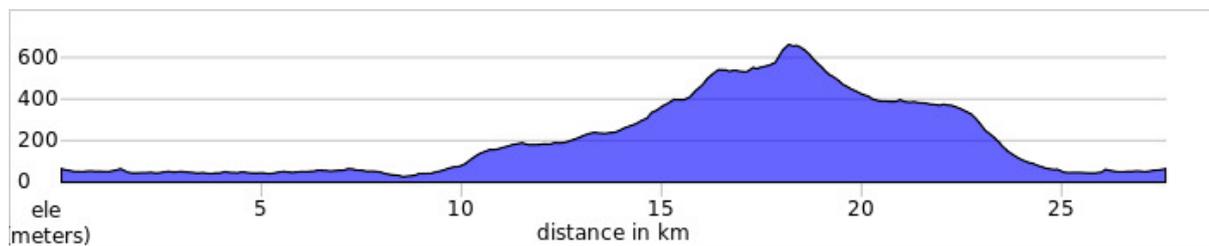
We'll meet in Aviemore at 12pm for a half day of trail riding sweetness on the Burnside to warm the legs up and get everything dialled before heading on to Inverness and to Glen Torridon (various accommodations) in the evening, ready for an early start on Saturday morning.

Days 2 & 3 - Full days out starting early to make the most of the day we have classic routes such as the Annat descent, the Achnashellach descent, the Torridon loop (and it's variations) as well as several less well known but equally 'out there' loops in the area all suitable for any weather we get. Riders preferences will doubtlessly be the Annat and Achnashellach Descents, and they will be our priority on two big loops through the mountains.

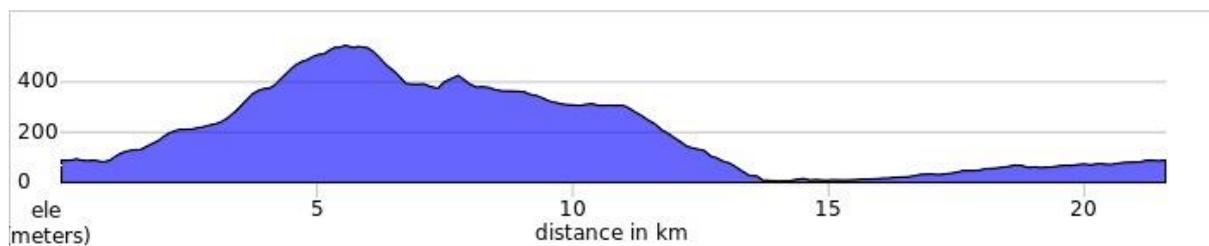
Finishing late afternoon on the Sunday riders can then choose to stay overnight before returning home, or head home and recover on Monday morning.

Main Ride Profiles: (both include some road riding in Glen Torridon)

Southern Torridon Loop with Achnashellach Descent:



Northern Torridon Loop with Annat Descent:



You and your bike:

This is suitable for graduates of a Nail It! Course or Steeps Session who have confidence with long descents, and short technical sections with some consequence. You should have a good level of hill fitness capable of sustained hill-climbing sections carrying or pushing your bike and to maintain this effort over 6-8 hours on the trail. A burly hard tail with good stand-over height will be suitable, but a full suspension bike will make the technical sections significantly easier - you will need reasonably aggressive and larger tyres though 2.3mm Hans Dampf's being an example (especially on the rear) for the rocks and water bars and for the off-piste sections.

You should carry:

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| Spare tubes (1 even if you are tubeless) | spare mech hanger for your bike |
| 1 set of spare brake pads | Waterproof jacket |
| Plenty of food and drink | Helmet (<5 yrs old & in good condition) |
| spare warm layer | Spare riding Gloves |

Variations:

It is possible to combine both of the above for a huge day out only missing one section of the classic descents, leaving another slightly shorter route nearby to be done on the 3rd day, but the above are of a suitable length to be un-rushed and to take in the whole atmosphere of the riding in an un-hurried way (and maybe even session some of the slabby sections too)

There is a minimum number required, and there are 5 places available at only £130 each.

Get in touch via the contact page on the website www.realworldriding.co.uk where you can also make a booking